the PULSE

BOSTON, MASS. SEPTEMBER, 1962

NEW ENGLAND DEACONESS HOSPITAL

DR. CATTELL RESIGNS LAHEY CLINIC POST; DR. HERBERT D. ADAMS NAMED DIRECTOR

Dr. Richard B. Cattell

Dr. Herbert D. Adams

The recent appointment of Dr. Herbert D. Adams to succeed Dr. Richard Cattell as director of the Lahey Clinic, places the internationally famed clinic under the leadership of a man who had his surgical beginnings at the Deaconess Hospital.

Dr. Adams, who today is one of the hospital's most prominent staff members, recalls how the Deaconess in 1928-29 was the first "stepping stone" in his brilliant career. He was then a house officer at the hospital while in his 4th year at Harvard Medical School.

Announcement of the changes at Lahey Clinic was made by Dr. James E. Fish, administrator, following a regular meeting of the Lahey Clinic Trustees.

With regret, he disclosed, the trustees had accepted the resignation of Dr. Cattell, clinic director since 1953, because of illness. Dr. Adams, of the Department of General Surgery, also succeeded Dr. Cattell as chairman of the board of trustees.

Speaking for the trustees, Dr. Fish said Dr. Cattell's retirement "will be a profound loss to his colleagues at the Lahey Clinic and to the surgical profession to which he has made so many lasting contributions."

Dr. Cattell became head of the clinic in 1953, a few months after he had performed a critical operation on Anthony Eden, then Britain's foreign minister. The surgery succeeded after two previous operations in London had failed, and Eden was able to take over as Prime Minister from Sir Winston Churchill two years later.

Eden later said in his memoirs he would have died but for the skill of Dr. Cattell.

DR. ADAMS RECALLS HIS START AT NEDH

Dr. Herbert D. Adams acknowledges a "warm spot in my heart for the Deaconess."

Experiences in his early medical career created that "warm spot" and over the subsequent years as a member of the staff the "warmth" has remained and intensified

(*Continued on Page* 2)

GRADUATION STORY IN NEXT PULSE

Graduation ceremonies for the School of Nursing were held on September 10, at John Hancock Hall. The next issue of the Pulse will contain the complete story and photographs.

DR. ADAMS NAMED HEAD OF LAHEY CLINIC

(*Continued from Page* 1)

Dr. Adams was a third-year student at Harvard Medical School when he first discovered the Deaconess—and vice versa. He worked part time in the laboratories, taking blood samples and doing intravenous work.

"Before going to school," he recalls, "we would get up early and take possibly 50 bloods."

"I was good with the needle then," he added with a smile.

During 1928-29, while a fourth-year medical student, he came in close contact with the staff as a house officer. This provided opportunity to assist at operations and see the patients.

The surgical potential of the student even then was recognized by Dr. Daniel Jones, one of the best known surgeons on the Deaconess staff. And another surgeon who recognized his skill, intelligence and dedication was Dr. Frank Howard Lahey.

Dr. Jones and Dr. Lahey were later to present him with the most difficult decision of his career.

"The Deaconess gave me my biggest start in surgery," Dr. Adams says today. It was a stepping stone to a top residency at Massachusetts General Hospital and to a fellowship at Lahey Clinic."

He and Dr. Fenn Hoyt became the first surgical fellows at the Lahey Clinic, serving from June, 1929, to Feb. 1930, while waiting to start as interns at Massachusetts General.

After an internship from 1930 to 1932, he received a residency and about this time had to make a critical choice. Dr. Lahey offered him a job at the clinic.

Clinic job or two more years of residency? He chose the residency, not knowing if Dr. Lahey would ever provide the job opportunity again. In the meantime, he married a nurse at the Mass. General, his wife Josephine.

Dr. Lahey did repeat the job offer when Dr. Adams' residency was completed in 1935. But at the same time, Dr. Jones offered him a job as his assistant.

He gave the Lahey Clinic his acceptance nod after much soul-searching. His motivations? "I had had the fellowship there and was greatly attracted to it, and the job offered an immediate practice of my own."

A total of 10 physicians were on the Lahey staff when he reported. Today some 70 doctors, 100 fellows and 500 employees are with the Lahey Clinic.

Dr. Adams was elected Vice-President in 1953. He is now on the staff of the Deaconess and N.E. Baptist Hospitals and is a consultant at the U.S. Naval Hospital, Chelsea. He divides his work half to chest surgery and half to general surgery.

Dr. Adams was born in Ogden, Utah, in 1904. He was graduated from the University of California in 1925 and from Harvard Medical School in 1929.

Still an active member of the Naval Reserve, he achieved the rank of Captain in the Medical Corps and had a distinguished career in the Pacific during World War II.

He reported to Pearl Harbor in 1943 and had duty at Navy Base Hospital No. 10 on Oahu. He and other doctors treated 50,000 casualties from the Pacific combat areas.

Later in the war he saw service at all combat areas of the Pacific aboard the hospital ship USS TRANQUILITY.

Dr. Adams now resides at 77 Arnold Road, Wellesley Hills. He and his wife have five children, Barbara, who is married to Dr. Frederick S. McAlpine of the Deaconess staff; Elizabeth, also married; Herbert D. Jr., second-year student at Harvard Medical School; Andrew, freshman at George Washington University; and Susan.

His major recreational interest is gardening on the 1½ acres surrounding his home. He has set waterfalls and a swimming pool amidst the floral beauty of his land.

Dr. Adams was a founder and member of the American Board of Thoracic Surgery, a subsidiary of the American Board of Surgery of which he is also a member.

He belongs to the following societies: N.E. Surgical Society; Boston Surgical Society; Fellow, American College of Surgeons; International Surgical Society; American Association for Thoracic Surgery; American Medical Association; Mass. Medical Society; American College of Chest Physicians; American Thoracic Society, American Association of Military Surgeons and American Surgical Association.

DEACONESS ASSOCIATES SADDENED BY DEATH OF DR. MALCOLM HUMPHREY

Dr. Irving Malcolm Humphrey, one of the Deaconess Hospital's most respected and beloved physicians, died on August 1st at the age of 46.

An outstanding podiatrist, Dr. Humphrey received his bachelor's degree from Duke University and his doctorate from Temple University. He was a member of the staff of the Deaconess, N.E. Baptist, Peter Bent Brigham and Lawrence General Hospitals.

He maintained an office at 1152 Beacon st. and lived at 13 Summer st., Andover. During five years of service in the Marine Corps, he took part in 19 invasions, including Iwo Jima, and was awarded the Purple Heart for combat injuries in World War II.

Dr. Humphrey interned at the John B. Adams Hospital and Boston City (Long Island). He was a member of the Massachusetts Chiropody Assn., the National Association of Chiropodist and Mass. Academy of Podiatrists.

Memorial services were held at the South Congregational Church, Andover, with burial in Bellevue Cemetery.

Dr. Humphrey leaves his wife, Gertrude M. (Ball) Humphrey; his parents Mr. and Mrs. Edward S. Humphrey of Andover; a sister, Mrs. Charles Q. Adams of Andover, and a brother, Roland A. Humphrey of Burlington.

Tributes of Love Will Not Be Forgotten

To the personnel of every department of the Deaconess Hospital:

Dear Friends — The wonderful tributes of love and esteem that you have bestowed on Dr. Humphrey and me these past six months, and now the letters of love and sympathy that you have sent to me will never be forgotten.

I'd like to be able to thank you all in person, but until I can, I'm sending a big "family" thank you to all of you wonderful people with heartfelt gratitude, appreciation and love from

GERTRUDE HUMPHREY

LAHEY PLANS MOVE AND MORE RESEARCH

Two noteworthy advances loom in the future of the dynamic Lahey Clinic.

The first, according to the clinic's new director, Dr. Herbert D. Adams, will be construction of new facilities. This will involve a move from the clinic's present site on Commonwealth Ave.

Eight acres of land have been acquired, he said, on South Huntington Avenue near the Veterans Administration Hospital. He said the date for construction is still undetermined, but when the move is eventually made it will place the clinic in close proximity to many major medical teaching and research facilities.

Dr. Adams explained that at the present site there is much "loss of efficiency for the staff due to traffic and parking problems."

At the new location, the clinic will "get well into research."

"The Lahey Foundation plans to expand its teaching and research. This will include a research building."

He emphasized that the Lahey Foundation is a distinct entity from the Lahey Clinic. Although there is close relationship between the two, the Foundation is a charitable organization with the following objectives:

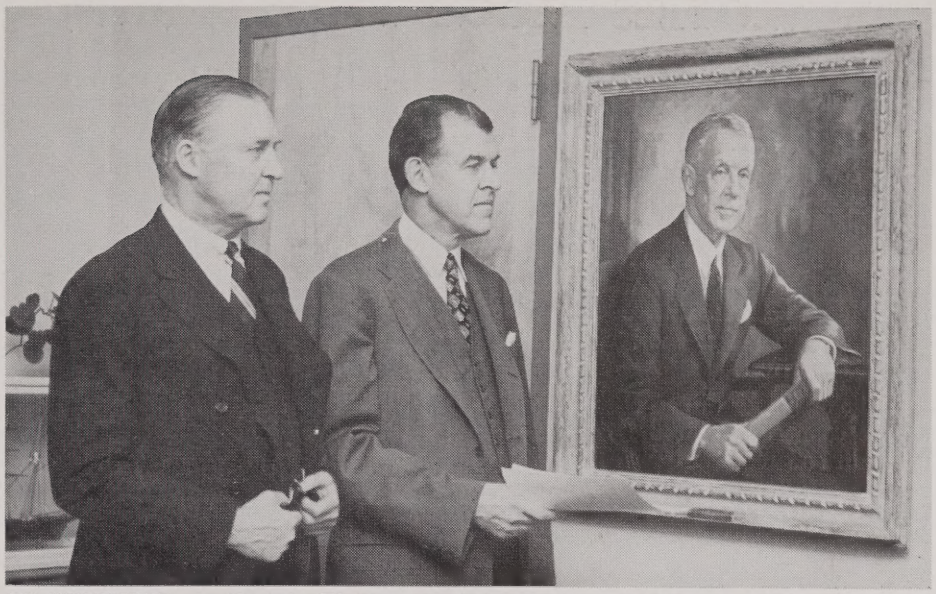
"Promotion of medical research requiring long, uninterrupted and unhurried effort, financial aid for the education of the young physician or surgeon whose brilliant talent might otherwise not be developed, and the development and dissemination of medical science and medical skill among physicians.

"The Foundation also interests itself in the immediate problems of the community, in hospital facilities and in needy individuals for whom it provides medicine, X-ray treatment, blood transfusions, operations, and special nurses, if urgently needed to save life or re-establish health."

The close tie between the Foundation and the clinic makes them "an effective team, each supplementing the work of the other."

Postgraduate teaching at the Clinic, given without charge, is already well established but the Foundation broadens this work and makes it available to promising young physicians as well as to established practitioners.

New facilities and location of the future will open a path to vastly expanded teaching and research opportunity.



AT UNVEILING — Francis W. Capper, left, president of the corporation, and Dr. Richard B. Cattell are shown in 1954 at dedication of portrait of Dr. Frank H. Lahey, founder of Lahey Clinic.

DR. CATTELL HONORED OFTEN

Dr. Richard B. Cattell has been honored by numerous nations during his career as director of the Lahey Clinic and surgeon at the Deaconess and other hospitals.

His contributions have been recognized with honorary degrees from Boston University and Mount Union College. He was named an honorary consultant by the Bureau of Medicine and Surgery, U.S. Navy.

The American Goiter Association presented him the Long and Meritorious Service Award, and Buffalo Surgical Society decorated him with the Roswell Park Medal. In 1958, he received the George B. Kunkel Surgical Medal at Harrisburg, Pennsylvania.

Among Dr. Cattell's foreign decorations are the Lebanese Goverment's appointment as Commander in Order of the Cedars and Ireland's honorary fellowship in the Royal College of Surgeons.

His hospital appointments include chairmanship of the Medical Administrative Board at the Deaconess; Surgeon-in-chief at the N.E. Baptist Hospital and chairman of the Baptist's executive committee; staff member of Robert Breck Brigham, Brooks and Hahnemann Hospitals.

Dr. Cattell was born in Martins Ferry, Ohio, in 1900. He received his Bachelor of Arts degree from Mt. Union College, Alliance, O., in 1921, and was graduated from Harvard Medical School in 1925.

His internship was at St. Luke's Hospital, New York City, and he was a Fellow in Surgery at the Lahey Clinic.

During World War I he served in the Medical Corps of the U.S. Army.

Dr. Cattell is married to the former Agnes Campbell Matzinger and their residence is at 227 Windsor Road, Waban. Their Summer home is in Duxbury.

They have five children, Mrs. Arthur C. Dunmore; Richard, a physician; William, and twins, Jeanne and John; and eight grandchildren.

Dr. Cattell is a member of the American Board of Surgery. He belongs to the following societies:

Fellow, American College of Surgeons; Member, Board of Governors, American College of Surgeons; Regent, American College of Surgeons; American Medical Association; Mass. Medical Society; Suffolk District Medical Society; N.E. Surgical Society; Boston Surgical Society; American Surgical Association; Southern Surgical Association; American Gastroenterological Association; American Goiter Association; N.E. Cancer Society; past president, American Goiter Association; past president, Interstate Post-graduate Medical Association; Honorary Fellow, Royal College of Surgeons Ireland; Honorary Fellow, American Procotologic Society; Director, State Mutual Life Assurance Co. of America; Mass. Society for Medical Research; Sigma Alpha Epsilon; Theta Kappa Psi; Alpha Omega Alpha.

EMPLOYEES BLOOD PLAN BEGINS; CREDIT OFFICE TO LIST DONORS

The desirability and importance of forming a blood program to serve hospitalized employees and staff has been emphasized in recent months.

Accordingly, Milton Nelson, credit manager, asks that all who would be willing to donate blood when a need arises to submit their names and blood types to the Credit Office.

A file of names will be established. If anyone connected with the hospital becomes ill and requires transfusions, those on the list will be contacted for possible donation of blood at the time.

The objective is to help any employee, medical staff members or others affiliated with the hospital. Donors would be asked to give not more than once a year.

The life-saving value of blood is known to everyone at the Deaconess, and it is hoped that as many as possible will express their willingness to participate in this humanitarian, mutual-benefit plan.

DREAD IT? CREDIT!

With the end of vacation come empty pockets, empty check books, and BILLS. Memories of summer fun take wing, and thoughts turn to back-to-school expenses, fuel bills, snow tires, and thus to MONEY! Synonymous with this, we like to think, is Alpha Credit Union.

Perhaps facing you is an already outstanding loan with a bank or finance company. If so, one loan from A.C.U. might enable you to pay it up, eliminate other bills, and carry you through current expenses. Alpha interest rates are low, and loans are readily available and confidential. Payroll deduction relieves you of having to think about making payments to various places each month.

Alpha Credit Union is YOUR credit union, make it work for you! This is only one of the many ways in which it can.

WALTER EMERY SELECTED BY MAGAZINE AS "LAUNDRY MANAGER OF THE MONTH"

Walter Emery, laundry Manager at the Deaconess, has been named Laundry Manager of the Month by the magazine "Institutional Laundry and Linen." The National magazine which serves laundry and linen managers and purchasing executives had the following to say about Walter in a full-page article:

"A well rounded man with a penchant for cost-cutting describes Walter C. Emery, laundry manager at the New England Deaconess Hospital in Boston."

"A graduate of Massachusetts State Engineering School, with post graduate credits in business administration, Walter's laundry background dates back to his father and two uncles who ran laundries in the Boston area. It seemed natural, therefore, that he continue the family tradition."

"After college, Walter went to Texas to manage a commercial laundry for several years. He returned to Massachusetts, where he managed another laundry, and then became an inspector for a supply company, covering New York City, Philadelphia and Baltimore."

"Assigned to the Inspector General's Office during World War II, Walter inspected laundries, engineering installations and hospitals in the Caribbean area."

"It was during this time that he organized for the Army 17 laundries, employing from 30 to 1,100 people. A system of using water repellent in laundry bags in place of wax paper for clean linen saved nearly a million dollars and earned Walter a general's commendation.

"After the war, Walter joined the New England Deaconess Hospital, where he has been for the last 17 years. He has been an active member of the Institutional Laundry Managers Association of New England for the same length of time.

"Walter's other accomplishments include music (he plays saxophone), baseball, swimming and bowling."

BOWLERS OPEN SEASON

The NEDH Bowling League launched its 1962-63 season on September 13, with 14 teams reporting for the weekly sessions.

Heading the three-division league this year is Hugh Sycamore. Constance Bain is the new secretary.

Any employee wishing to join the bowling teams for fun and exercise on Thursday nights should contact Mr. Sycamore's office.

MRS. HOLMES WILL STUDY AT B. U. FOR ONE YEAR

Mrs. Margaret Holmes, health coordinator at the employees Health Center for eight years, left her position on Sept. 14 for a one-year leave of absence.

During that period she will take post-Master studies at Boston University, continuing her education in the Public Health field.

MILTON NELSON NAMED DIRECTOR-AT-LARGE OF INTERNATIONAL CREDIT ASSOCIATION

Milton B. Nelson, credit manager, was unanimously elected to serve a one-year term as Director-at-Large on the Board of Directors of the International Consumer Credit Association at the organization's recent meeting in Spokane, Wash.

The full scope of Mr. Nelson's honor is seen in the fact that he is the only hospital credit manager on the entire National Board of Directors.

The association serves retailing, banks, finance companies, hospitals, credit bureaus, savings and loan, utilities and many other spheres of credit activity. It is international in membership, with members in Canada and 17 other countries.

Letters of congratulations have reached Mr. Nelson from credit officials of many leading firms. A. A. McDonald, credit manager of Filene's, wrote: "Congratulations . . . it is about time that the hospital group was recognized since they have, for so many years, contributed so much to the credit community."

Nelson is second vice president of the Retail Credit Association of Greater Boston. In a letter to all members of that group, President Alexander Harding said, "Milton is the only hospital credit manager on the entire National Board . . . and we are indeed proud that this signal honor should go to Milton and through him to our Boston association."